



## Yolo ADRC Advisory Committee – Fact Sheet

### **Aging and Disability Resource Connection (ADRC)**

An ADRC partnership is a voluntary local partnership among aging and disability focused organizations that seeks to improve consumers' access to information and services. It also enables consumers to remain in a community living setting of their choice. Methods of ADRC partner collaboration can include coordination of services, improved access to public and private programs, streamlining administrative procedures, cross training and co-location of staff. The ADRC partnership focuses on improving the experience of consumers of Long Term Services and Supports (LTSS) and the coordination of the complex LTSS care system.

### **ADRC Core Partners**

Core ADRC partners are any two or more not-for-profit aging and disability service organizations, in California one must be an Agency on Aging (AAA) and one an Independent Living Center (ILC). ADRC Core Partners provide leadership, convene the ADRC Advisory Committee, and facilitate improvements to local LTSS systems and the continuing work of the partnership. The Yolo ADRC core partners are Agency on Aging-Area 4, Resources for Independent Living and Yolo Healthy Aging Alliance.

### **ADRC Extended Partner**

ADRC Extended Partners are organizations that provide the wide range of needed long term services in supports and collaborate with the local ADRC. Extended partners may be government, for-profit or not-for-profit organizations. Any partner delivering a core ADRC service will have a signed written agreement with the Yolo ADRC.

### **Long Term Services and Supports (LTSS)**

LTSS, also referred to as long-term care (LTC), refers to a broad range of services by paid or unpaid caregivers that assist people who have limitations in their ability to care for themselves due to a physical, cognitive, or chronic health condition that is expected to continue for at least 90 days. These care needs may arise from 1) an underlying health condition that can occur with the aging process, 2) an inherited or acquired disabling condition among younger adults, and/or 3) a condition present at birth. A person who needs LTSS often requires assistance with one or more activities of daily living (ADLs) such as bathing, dressing, eating, transferring, and walking and/or instrumental activities of daily living (IADLs) including meal preparation, money management, house cleaning, medication management, and

transportation. LTSS may include hands-on assistance, supervision, cueing or standby assistance as well as assistive technologies and devices. The installation of home modifications, such as ramps and grab bars, may also be considered LTSS.

### **No Wrong Door (NWD)**

ADRC is a brand of a “No Wrong Door system”. NWD systems expedite consumers’ access to LTSS programs and benefits; usually including Medicaid and Medicare and a wide array of other state and federal health care and social program funding streams. The idea is that no matter which core or extended partner a person contacts first, he/she will receive expedited access to a wide array of information and services about LTSS options.

### **ADRC Core Services**

These services may already exist and may be locally know by other names. The idea is to view them as a coordinated system using these categories:

- **Information & Assistance/Referral**  
Coordinated and comprehensive information about LTSS options across multiple organizations and networks
- **Person-Centered Options Counseling**  
Person-Centered, one-on-one decision support and action planning about LTSS options
- **Short Term Service Coordination and Expedited Access to Public Programs**  
Expedited supports for those consumers at immediate risk
- **Person-Centered Transition Assistance**  
Assistance for people making a transition from a hospital or nursing facility to a community home

### **ADRC Advisory Committee**

The ADRC Advisory Committee is comprised of a broad representation of core and extended partner organizations, consumers of LTSS services, family members and caregivers. Advisory Committee membership reflects the geography, the cultures, the languages and the various other community features that represent the local LTSS consumer population. ADRC Advisory Committee members serve 2-year terms and meet at least 6 times a year to include a community voice and to ensure the sustainability of the ADRC and its Person Centered and No Wrong Door practices.

### **Links to more information**

[Administration on Community Living \(ACL\) ADRC LINK](#)

[ADRC No Wrong Door System](#)

[NWD-National Elements](#)

[California Department of Aging ADRC Link](#)

[AARP LTSS FACT SHEET](#)

[Long Term Services and Supports Fact Sheet](#)

### **Yolo ADRC Partner Agencies**

Agency on Aging Area 4 - <https://agencyonaging4.org/>

Resources for Independent Living - <https://www.ril-sacramento.org/>

Yolo Healthy Aging Alliance - <https://www.yolohealthyaging.org/>