

\*The Unified Voice for Older Adults in Yolo County\*

## Collaboration, Coordination, Information & Assistance Committee

### **MINUTES**

# Monday, February 22, 2021, 9:00AM-11:00AM, via Zoom

#### **PRESENT:**

Shana Akers (Partnership Healthplan)	Norriell Richards (Yolo Hospice-Sr. Peer Counselors)
Isaac Blackstock (Yolo County Housing)	Maria Sandhu (YHAA Program Coordinator)
Dana Carey (Yolo Co. Office of Emergency Services)	Crystal Painter (Yolo Co. Public Guardian)
Beth Conn-Ossenfort (Yolo Adult Day Health Center)	Monique Preciado (Yolo 211)
Denise Davis (Alzheimer's Assoc.)	Laura Prosser-Horch (Yolo APS nurse)
Lisa DeAmicis (Davis Senior Center)	Katherine Sorenson (Yolo 211)
Randy Dinning (AAA4 Ombudsman Program-Yolo)	Jan Taylor (Comfort Keepers)
Jaana Elina (AAA4 Person Centered Counselor)	Teagan Tomesello (Yolo 211)
Josephina Elliot (Yolo Co. Adult Protective Services)	Cindi Unger (ApexCare)
Moises Gamboa (AAA4 Person Centered Counselor)	Casanya Ursery (Unite Us database)
Nancy Gifford (M.McDowell Manor-Housing)	Loran Vetter (St. Luke's Comm. Resource Navigators)
Lindsey Hall (Yolo DA Elder Victim Services)	Lupita Vital (Yolo Co. Infectious Disease)
Victoria Harling (CA Phone Access Program)	Stacy Vue (MSSP)
Rebecca Hensley (AAA4-Person Centered Counselor)	Alexandra Weisgerber (Alzheimer's Assoc.)
Kris Kirkendall (Community Programs Yolo Hospice)	Kristin Weivoda (Yolo Co Emergency Medical Services)
Melinda Meeken (Yolo Adult Protective Services)	
Alysa Meyer (Legal Services of Northern CA)	
Emily Miyaoka (Resources for Independent Living)	Sheila Allen, staff (Executive Director, YHAA)
Michelle Nevins (Del Oro Caregiver Resource Center)	(37 total people on call)
Valerie Olson (Yolo Co. Health Council)	

- 1). Introductions and announcements (Sheila Allen)
- **2). Approval of minutes 1/25/21 meeting MOTION:** Move approval as written. Moved by Denise Davis, Isaac Blackstock 2<sup>nd</sup>, passed unanimously.
- 3). Yolo COVID Update (Dana Carey, Yolo Co. Office of Emergency Services;) Kristin Weivoda, Yolo Co. Emergency Medical Services

Health care system status

Hospital numbers have decreased and trending down. Still have some COVID admissions but down from 20 to now 4-7 people in each hospital.

Sleep Train Arena has transition from a step-down COVID unit to an infusion center for COVID antibody infusion and observation after treatment. These were being done through ERs but not an emergency service.

### Vaccination update

Tier changed last week and number of shots given slowed town due to delays in shipments because of weather. County is doing 3 farm sites each week. If we have additional vaccine will add more clinics. Woodland-2200 people vaccinated in 6 hours. Able to do so many people because of significant number of volunteers. County drive through pods are by appointment and person needs to be in a currently eligible category. Exception is those 65 years and older, did not turn anyone away, even without appointments. Trying to make sure we reach the seniors. Last Friday, Dignity and county gave 200 vaccines at Rancho Yolo Senior Mobile Home Park in Davis and then went room to room at Courtside Tower Senior Housing in Woodland. There vaccinated 30 people over age of 65 years. Still trying to make sure it is equitable and we are reaching everyone especially seniors. Working with AMR to provide home-based vaccination for those truly homebound (170 people vaccinated over age 65 with average age of 81). Names for this service come through 2-1-1 and YHAA. Will expand this service to those under 65 years that are homebound when the tier changes. Working with other agencies to distribute vaccines including FQHCs, Dignity and Partnership Health. Later today can give updated data. Will provide private link if more vaccine arrives. Likely will have outreach for large public drive through pod at Sutter Park in West Sacramento. West Sacramento mayor says they can help with transportation if needed. Homeless outreach- vaccinating all participants in Project Room Key and Project Home Key. Isaac Blackstock of Yolo Housing reports that there are over 250 persons 65+ in Yolo County and almost all of them have or will receive the vaccine.

**FOLLOW UP:** Sheila will continue to distribute private links to Yolo Co. vaccination clinics to Collaboration Committee members. Collaboration Committee members can also contact YHAA to arrange home vaccines for homebound individuals. Call office number: 530-757-5583 and provide name, address, phone and age. Dignity and Sutter insurance are also doing some home vaccines. APS can refer directly to Kristin also for homebound individuals.

4) Yolo Hospice-Senior Peer Counselors (Norriell Richards) (See Powerpoint) Senior Peer Counselors provide emotional support for their peers experiencing similar life challenges. Senior peer counselor volunteers work one-on-one with their assigned peer to address issues such as age related transitions like retirement and relocation. The program also provides support groups that are senior peer led. Volunteer training is being revamped. Volunteers are asked to make a 3 month to a year commitment. Currently everything over the phone. It is a program of Yolo Hospice with funding from Yolo County Mental Health.

Jan Taylor-she has seen this program work! A person come weekly and changed his outlook. Randy Dinning was a volunteer and it was an amazing experience.

Taking new clients and always looking for volunteers. Call Yolo Hospice to volunteer: 530-758-5566. **FOLLOW UP:** Send RSVP name to Norriell to connect to more volunteers.

# 5). Spotlight New Organizations-Yolo County Health Council (Valerie Olson)

At the start of the pandemic Yolo Co. Health Council developed an Adhoc Committee headed by Michael Wilkes to look more closely at COVID issues in Yolo County as time in regular Health Council meetings did not allow sufficient evaluation and discussion. Dr. May (recent Interim Health Officer) has taken over as leader of this committee. Feb. 11 the full Health Council met and discussed "Community Practice" how to assist staff reaching hard-to-reach populations and areas of the county. Brought forward communication chart to assist with different populations to discuss best outreach to assist staff and how to communicate. For example, to

reach older adults, utilize phone calls and emails; farm workers utilize text messages and Whatsapp. Need multiple pathways to reach the different populations.

Also looking at stress management for staff who have been working in this environment for almost a year. Long term care (LTC) dashboard updated so that we can see recent trends. Not seeing many cases in LTC after vaccinations. New COVID business made recommendations to expand beyond older adults to ag workers and school teachers. Moving forward will need to track and understand variants. In addition to COVID, Health Council is also looking at issues of poverty, dental care, school nurses.

**FOLLOW UP:** Request that Valerie serve as liaison between Health Council and YHAA.

- **6). Round table discussion from participants**-updates on programs and services from members (all)
- **California Phones (Victoria Harding)** Sacramento office serving Yolo Co. Continue to provide services including replace existing equipment for low vision or homebound persons or via UPS. Seeing more request for onsite visits. To receive services, need only to be having difficulty with a telephone, no income requirements. Providing smart phone training via Zoom.
- **Adult Protective Services (APS) (Josefina Elliott/Melinda Meeken)** APS currently no longer go to home unless there is an immediate threat or urgent situation. All other care via phone. Last 3 weeks have been going out more often because they have not been able to see people so long. Yolo County not accepting online reports yet. Have a new email address-scan and email report on Form SO341 can scan and email but then must make a call. (530) 661-2727
- **Davis Senior Center (Lisa DeAmicis)** Still a testing site for Yolo Co. and Healthy Davis Together. AARP tax appointments are full-they will need to go to 211 or AARP website for additional assistance. Dry eye/macular degeneration presentation on Wed. Virtual presentations coming up in March on wellness and fitness.
- **Del Oro Caregiver Resource Center (Michelle Nevins)** Dramatic increase in number of calls last year-as caregivers are reaching out for help and support. More isolation and depression. Through the statewide system of caregiver resource centers families have access to all free statewide trainings. She has been sending out vaccine information. People are very thankful that caregivers of all types (paid, unpaid, informal, family) are eligible as tier 1 health care workers in Yolo Co.
- **Yolo Hospice Programs (Kris Kirkendell, director community program)**

Citizens who Care (Tracy Keenan) volunteers support older adults in their home, still virutual. Yolo Cares Yolo Hospice (Kenia Miller)

**Galileo Place (adult day program)** Yolo Hospice remodeled 1/3 of their building in south Davis (4500 sq. foot plus outdoor healing garden). Construction is complete and in the licensing process. Opening this summer for older adults and persons with dementia. Program hours 7:30a-5:30p and every other Saturday. Program is a social model of adult day care.

Senior Peer Counseling (Norriel Richards) see previous item

**AAA4 Person Centered Counselors (Jaana Elina/Moises Gam)** AAA4 continues to fund food for Project Homekey with local restaurant meals through end of March. Transitioned all direct services to virtual

workshops. Walmart gift card are still available-qualifications: 55 yrs and older, have a disability, 250 percent of poverty. Contact AAA4 if you have someone that would benefit from this <a href="mailto:jelina@agencyonaging4.org">jelina@agencyonaging4.org</a>

- Yolo 211 (Teagan Tomasello/Katherine Sorenson/Monique Preciado) Have hired a new Yolo County community resource specialist who has experience working for RISE, Inc. in Yolo County. Have received a ton of COVID vaccine calls: went from average of month of calls now received in a single day. Hired a few new temporary operators to take calls. Also taking calls for tax preparation appointments.
- Margaret McDowell Manor (Nancy Gifford) Trying to get people to get their vaccinations. Residents in her low income housing need more caregivers for IHSS. FOLLOW UP: Connect to Public Authority. Trying to get people on back on MediCal program because bumped off because of their stimulus checks.
- **Yolo Ombudsman (Randy Dinning)** Still going into facilities, with some limitations to the number of people they can see at a time. Most difficult issue now is social isolation. Would like to get phones to these people. **FOLLOW UP:** connect to CA Phones.
- **Resources for Independent Living (Emily Miyaoka)** Operating via phone and Zoom. Will re-evaluate in summer. Have an Assisted Technology program-can try out a device for month and then long term loan.
- **Apex Care (Cindi Unger)** Very grateful that she and staff have received vaccination and many of their clients as continue to do in home assessments. In Apex office have taken advantage of this time to evaluate internal structures. Thanks to Del Oro and other CRCs training options.
- **Isaac Blackstock (Yolo Housing)** Did a survey of housing voucher holders: 50% are food insecure. 10% need additional rental assistance and 10% utility assistance. Working with Yolo Food Bank at Yolo Housing sites. Question regarding how someone can find shared housing: usually through informal connections such as Facebook groups. RIL can also help with this. Yolo County Children's Alliance has "homeless orientation" throughout Yolo Co.
- **Comfort Keepers (Jorge Preciado and Jan Taylor)** very busy, going into homes and providing care. Staff have all had vaccinations. Younger people having more vaccine reactions.
- Elder Abuse Prevention Program DA (Lindsey Hall) no new updates
- Alzheimer's Association (Denise Davis) <a href="https://www.youtube.com/channel/UCLuSt\_4R7iVhgiUlpFCrIOQ">https://www.youtube.com/channel/UCLuSt\_4R7iVhgiUlpFCrIOQ</a>
  Providing education programs for the community virtually, starting younger onset caregiver support, respite services, Alzheimer's Advocacy Day is March 4-5 Advocacy with state budget request to get timely and accurate diagnoses.
- **Legal Services of Northern CA (Alysa Meyer)** Providing free help for low income persons of any age and those 60 years and above regardless of income. Help with health benefits especially lately MediCal expansion. Have to often meet in person. Still doing lots of housing work. Court is by Zoom so they have to come to their office and use their computers. Consider adding lawyers as high need for vaccine. Eviction moratorium is still in place but requires proper notices and paperwork.

- **UNITE US (Casanya Usery)** 90 organizations and programs in network now including AAA4 now on board. Governor is calling for coordinated care in California and Unite Us database can assist with this. Collaboration Committee members are welcome to join the network. For more information, contact Casanya Ursery at <a href="mailto:casanya.ursery@uniteus.com">casanya.ursery@uniteus.com</a>.
- **MSSP** (Stacy Vue) No home visits but connecting high risk dual enrolled MediCal/Medicare to additional services and supports in their home.
- **Yolo County Public Guardian (Crystal Painter)** Working on getting COVID vaccines to all the people they serve including in board and cares and those that live in own homes.
- **Yolo Adult Day Health (Beth Conn-Ossenfort)** Yolo Adult Day Health is still working remotely. Enrolling new client for virtual care. Working toward plans for modified in-person programming as soon as state and county restrictions allow. Hiring a new Assistant Social worker, position closes on March 1.

Not in attendance but sent in report:

Meals on Wheels Meals being delivered on MWTh. Still taking referrals and adding new clients weekly. A phone interview needs to be done to see if they qualify. Our clients were sent vaccine information and how to get signed up for a COVID vaccine with their meals. Still need TV trays for socially distant deliveries. We are having an influx of new referrals weekly, which is causing longer wait periods to get started on the program. Still need consistent volunteers in West Sacramento as well as other sites in order to serve more clients. Please contact Daysi Lawton, Deputy Director, if interested in volunteer opportunities. <a href="mailto:dlawton@mowyolo.org">dlawton@mowyolo.org</a>

- 7). Update on Yolo Healthy Aging Alliance activities (Sheila Allen)
  - a. Friendly caller program- <a href="https://www.yolohealthyaging.org/phone-friend-forms">https://www.yolohealthyaging.org/phone-friend-forms</a>
  - **b. Healthy People-Healthy Park Project** in collaboration with Cache Creek Conservancy and Putah Creek Council <a href="https://parkrxamerica.org/about.php">https://parkrxamerica.org/about.php</a>
  - c. California Master Plan for Aging https://www.chhs.ca.gov/home/master-plan-for-aging/
  - **d. Yolo Healthy Aging Alliance Advocacy Committee** meets first Thurs. each month, 10am-noon via Zoom <a href="https://www.yolohealthyaging.org/advocacy">https://www.yolohealthyaging.org/advocacy</a>
  - **e. Availability of masks and hand sanitizer** YHAA has received offers of many surgical and cloth masks (not N95) and 1 qu. size hand sanitizer for distribution to seniors and providers of senior services. Collaboration Committee members were offered these for free. **FOLLOW UP:** Contact Sheila if you would like some and we can arrange pick up.
- **8). Future agenda items** District Attorney Elder Abuse Prevention Program update (April 2021), Emergency Prep presentation, update on Yolo Aging and Disability Resource Connection (ADRC)
- **9). Announcements** no additional
- 10). Next meeting, Monday, March 22, 2021, 9am-11am, via Zoom